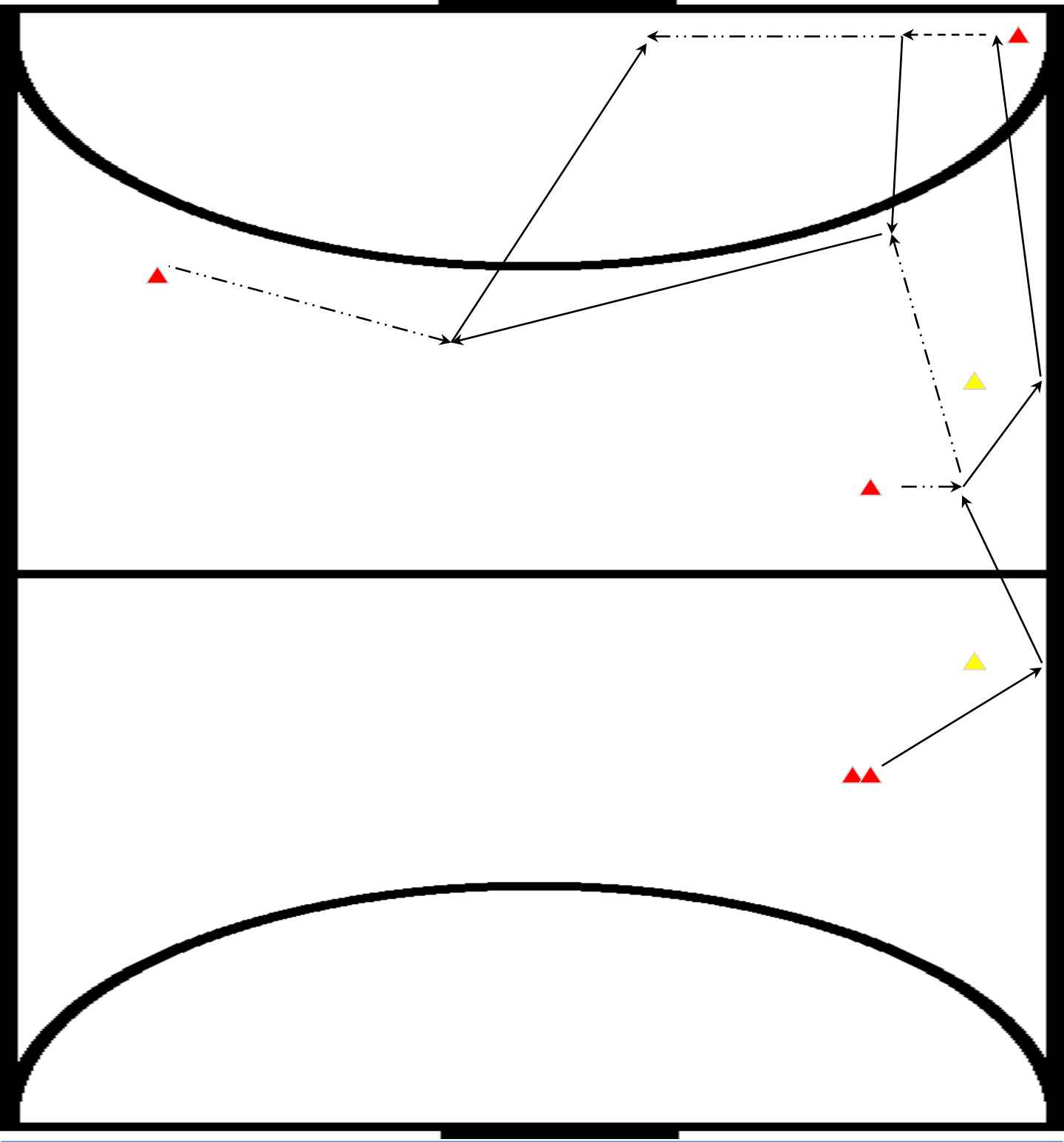

Key Points	
Let op	1; Houding 2; Bal niet te diep op de balk spelen, dan schiet de bal te ver door